



SACRED HEART PARISH

LUDDENHAM-WARRAGAMBA

4TH SUNDAY IN ORDINARY TIME

YEAR B

28 January 2024



Holy Family Church - Luddenham



St Mary Church - Mulgoa



Sacred Heart Church - Warragamba



St Francis Xavier Church - Greendale

PARISH TEAM

PARISH ADMINISTRATOR:	Fr. Galbert Albino
DEACON:	Deacon Charles Abela
PARISH SECRETARY:	Bernadette Morton
ADMIN ASSISTANT:	Colleen Nicholas
SACRAMENTAL COORDINATOR:	Janet Borg

PARISH OFFICE HOURS

Tuesday - Friday: 9.00 am - 3.30pm

CONTACT US

02 4773 4321

www.warragambaparish.org.au
admin@warragambaparish.org.au
 32 Willowdene Avenue, Luddenham
 PO Box 56, Luddenham NSW 2745

PARISH BARGAIN CENTRE

16/18 Weir Road, Warragamba

Tuesday & Thursday: 9:30am - 4:00pm

HOLY FAMILY PRIMARY SCHOOL

Principal:	Ms Donna Mc Fadzean
Assistant Principal:	Ms Jodie Van As
Contact Number	02 4773 7100

HOLY MASS TIMES AND SACRAMENTS

Saturday:	6.00 pm (Vigil) at Luddenham <i>Youth Mass - 1st Saturday of the month.</i> <i>Children's Liturgy - 1st and 3rd Saturdays of the month</i>
Sunday:	7.30 am at Luddenham 9.30 am at Warragamba
Italian Mass:	11.00 am at Luddenham (3rd Sunday of the month)
Spanish Mass:	7.30 pm at Luddenham (4th Saturday of the month)
Weekday Mass:	9.00 am at Warragamba - Wednesday 7.00 am at Mulgoa - Thursday 9.30 am at Luddenham - Friday 9.00 am at Luddenham - Saturday (except 3rd Saturday) 9.00 am at Greendale - 3rd Saturday of the month
Exposition of the Blessed Sacrament:	8.30 am at Luddenham - Friday

BAPTISMS AND MARRIAGES

Baptisms are held 2nd & 4th Sunday of the month by appointment only.
 Marriages by appointment only at least 6 months prior to marriage.

RECONCILIATION

Saturday after 9.00am Mass & from 5.00pm till Vigil Mass

ANOINTING OF THE SICK

By appointment. Please contact the Parish Office.



We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.

Holy Family Youth Mass

The 6:00pm Mass every 1st Saturday of the month will be dedicated as a Youth Mass.

If you are interested in getting involved, please contact the parish office.

Our next Youth Mass will be on Saturday 3rd February. We will have supper after Mass. Please bring a plate to share.

Children's liturgy

We have Children's Liturgy at our Vigil Mass on the 1st and 3rd Saturday of each month at Holy Family Church.

Please contact the parish office if you would like to help with Children's Liturgy at either the Vigil Mass at Luddenham or the 9.30am Mass at Warragamba.

PLEASE KEEP IN YOUR PRAYERS

Recently Deceased:

Jane Attard

Please Remember:

Jim Muscat, Philippa Muscat, Alison & Jim Vella, Frank Buttigieg, Charlie & Mary Chircop, Joseph Muscat, Michelle Muscat, Salvatore Lia, Theresa Lia, Mario Lia, Elizabeth Lia, Angelo Lia, Mary Lia, Horace Azzopardi, Carmen Azzopardi, Grace Tedesco, Gillian Attard, Giovanna Attard, Charles Attard, Mark Lia.

Sick:

Charlie Cutajar, Lynne Clarke, Fred Attard.

Our Parish Bargain Centre will open on

Tuesday 6 February.

It will be open every Tuesday and Thursday from 9am to 4pm. We sell pre-loved clothes, books, DVDs, CDs and bric-a-brac.

Come in and grab a bargain or just drop in for a cuppa and chat.

Jamberoo Abbey Borrowing Tomorrow Online Retreat Beginning 18 February

Beginning 18 February, Jamberoo Abbey are hosting a series of online retreats themed around caring for our own heart which is reflected in how we care for our earth with a focus on Pope Francis' *Laudato Si'*. Sessions will be held each Sunday until Palm Sunday 24 March with short readings or stories weekly. The cost of the retreat is \$200, but do not hesitate to email if you are unable to manage the full cost.

Register online today at jamberooabbey.org.au/retreats/online-retreats.

For enquiries and registration, contact onlineretreat@jamberooabbey.org.au.

Memorial Mass for Paula Vella

Our Vigil Mass next Saturday, 3rd February, will be a 5 year Memorial Mass for Paula Vella.

	27/28 JANUARY			3/4 FEBRUARY		
	Vigil	7.30 am	9.30 am	Vigil	7.30 am	9.30 am
Minister of the Altar	Br Joe Vassallo	Paul Rohan	David Egan	Michael Tolentino	Grace Buda	Fiona Clarke
Ministers of the Word	Elaine Luppino Yasmine Tolentino	Moiria Bryan Mary Powell	Leia Ruzic Br Barry	Youth	Benedetta Terry	Carmel Fenton Trish Kelly
Data Projector	Schoenstatt Choir	Lily Attard	Colleen Nicholas	Youth	Lily Attard	James Cutajar
Housekeepers	29 January-2 February: Alice & Lily			5-9 February: Esther, Rose & Moira		
Flowers	29 January-2 February: Marta			5-9 February: Sylvia		

Free English and Citizenship Classes

Catholic Care Western Sydney and the Blue Mountains are offering English and Citizenship classes at Mamre House, 181 Mamre Rd, Orchard Hills, on a Tuesday and Wednesday from 10am to 2pm during school terms. Free childcare is available.

If you are interested in enrolling, please contact Mamre Crèche on (02) 8843 2506 or Nepean Community College (02) 4724 9000.

Glenbrook Parish Aspects of the Eucharist Talks 21 and 28 February

St Finbar's Parish, Glenbrook, is hosting a series of talks exploring the fundamental aspects of the Eucharist with Chris Ohlsen on Wednesday 21 and 28 February at 7.30pm at the parish.

Entry is via gold coin donation.

To RSVP, please email glenbrook@parracatholic.org

Gospel Reflection

Today's Gospel continues our reading from Mark and describes what some believe was likely to have been a typical day in Jesus' ministry. Jesus and the disciples that chose to follow him in last week's Gospel arrive at Capernaum, a small village on the Sea of Galilee. Jesus teaches in the synagogue on the Sabbath. Mark reports that the people respond to Jesus' teaching with astonishment, noting Jesus' authority and contrasting it with the scribes'. Early in Mark's Gospel we already find evidence of the tension that will manifest itself fully in Jerusalem.

After Jesus' preaching, an even more astonishing thing happens. A man possessed with an unclean spirit calls out to Jesus. As we see in this example and throughout Mark's Gospel, the spirits and demons seem to know Jesus and are often fearful of him. In fact, they seem to understand Jesus' identity better than his disciples. As we will read again and again in Mark's Gospel, Jesus orders the spirit to be quiet and drives the unclean spirit out of the man. Jesus' ability to heal those possessed by demons is an indication of his power over evil.

In the prescientific age of Jesus' time, all illnesses were understood to be manifestations of evil and sinfulness. Our modern understanding of illness is very different. Possession by unclean spirits may have been a way to describe what we might call mental illness today. It may have even been a way of describing certain kinds of physical conditions. There is evidence that there were many kinds of exorcists and healers in first-century Palestine. Jesus appears to be like these healers, but he heals with unique authority and connects his healing activities with the words of his preaching.

We are missing the point that Mark is trying to make in this Gospel, however, if we try to explain away the healing work of Jesus. The crowds see in Jesus' cure of the possessed man further affirmation of his authority. Jesus' power to heal gives greater credence to his teaching. Jesus impresses the crowds through his words, which are manifested with power in his deeds. Mark's Gospel tells us that because of the authority with which he healed, Jesus' fame spread throughout all of Galilee.

From loyolapress.com

First Reading

Deuteronomy 18:15-20

Moses said to the people: "The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."

The word of the Lord.
Thanks be to God.

Responsorial Psalm

R. *If today you hear his voice,
harden not your hearts*

Come, ring out joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. **R.**

Come in; let us kneel and bend low;
let us kneel before the God who made us
for he is our God and we the people
who belong to his pasture,
the flock that is led by his hand. **R.**

O that today you would listen to his voice!
"harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my
work." **R.**

We Remember At This Time...

*We pray for peace in our world; we
especially pray for peace in the Middle East.
As we pray, we remember those who have
lost their lives and those who live in fear for
their lives.*

*May compassion and understanding triumph
over hatred and violence.*

Lord, in your mercy, hear our prayer.

Second Reading

Corinthians 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!
A people in darkness have seen a great light:
a radiant dawn shines on those lost in death.
Alleluia!

Gospel

Mark 1:21-28

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.