



# SACRED HEART PARISH

LUDDENHAM-WARRAGAMBA

5TH SUNDAY IN ORDINARY TIME

YEAR B

4 February 2024



Holy Family Church - Luddenham



St Mary Church - Mulgoa



Sacred Heart Church - Warragamba



St Francis Xavier Church - Greendale

## PARISH TEAM

PARISH ADMINISTRATOR:	Fr. Galbert Albino
DEACON:	Deacon Charles Abela
PARISH SECRETARY:	Bernadette Morton
ADMIN ASSISTANT:	Colleen Nicholas
SACRAMENTAL COORDINATOR:	Janet Borg

## PARISH OFFICE HOURS

Tuesday - Friday: 9.00 am - 3.30pm

## CONTACT US

02 4773 4321

[www.warragambaparish.org.au](http://www.warragambaparish.org.au)  
[admin@warragambaparish.org.au](mailto:admin@warragambaparish.org.au)  
 32 Willowdene Avenue, Luddenham  
 PO Box 56, Luddenham NSW 2745

## PARISH BARGAIN CENTRE

16/18 Weir Road, Warragamba

Tuesday & Thursday: 9:30am - 4:00pm

## HOLY FAMILY PRIMARY SCHOOL

Principal:	Ms Donna Mc Fadzean
Assistant Principal:	Ms Jodie Van As
Contact Number	02 4773 7100

## HOLY MASS TIMES AND SACRAMENTS

Saturday:	6.00 pm (Vigil) at Luddenham <i>Youth Mass - 1st Saturday of the month.</i> <i>Children's Liturgy - 1st and 3rd Saturdays of the month</i>
Sunday:	7.30 am at Luddenham 9.30 am at Warragamba
Italian Mass:	11.00 am at Luddenham (3rd Sunday of the month)
Spanish Mass:	7.30 pm at Luddenham (4th Saturday of the month)
Weekday Mass:	9.00 am at Warragamba - Wednesday 7.00 am at Mulgoa - Thursday 9.30 am at Luddenham - Friday 9.00 am at Luddenham - Saturday (except 3rd Saturday) 9.00 am at Greendale - 3rd Saturday of the month

Exposition of the Blessed Sacrament:

8.30 am at Luddenham - Friday

## BAPTISMS AND MARRIAGES

Baptisms are held 2nd & 4th Sunday of the month by appointment only.  
 Marriages by appointment only at least 6 months prior to marriage.

## RECONCILIATION

Saturday after 9.00am Mass & from 5.00pm till Vigil Mass

## ANOINTING OF THE SICK

By appointment. Please contact the Parish Office.



**PLEASE KEEP IN YOUR PRAYERS**

**Recently Deceased:**

Jane Attard

**Please Remember:**

Paule Vella (5th ann), Grace Buttigieg, Michael Buttigieg, Charlie Borg, Jim Muscat, Philippa Muscat, Alison & Jim Vella, Frank Buttigieg, Charlie & Mary Chircop, Joseph Muscat, Michelle Muscat, Salvatore Lia, Theresa Lia, Mario Lia, Elizabeth Lia, Angelo Lia, Mary Lia, Horace Azzopardi, Carmen Azzopardi, Grace Tedesco, Gillian Attard, Giovanna Attard, Charles Attard, Mark Lia.

**Sick:**

Charlie Cutajar, Lynne Clarke, Fred Attard.



*We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.*

**Holy Family Youth Mass**

The 6:00pm Mass every 1<sup>st</sup> Saturday of the month will be dedicated as a Youth Mass.

If you are interested in getting involved, please contact the parish office.

**Children's liturgy**

We have Children's Liturgy at our Vigil Mass on the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month at Holy Family Church.

*Please contact the parish office if you would like to help with Children's Liturgy at either the Vigil Mass at Luddenham or the 9.30am Mass at Warragamba.*

**Jamberoo Abbey Borrowing Tomorrow Online Retreat**

**Beginning 18 February**

Beginning 18 February, Jamberoo Abbey are hosting a series of online retreats themed around caring for our own heart which is reflected in how we care for our earth with a focus on Pope Francis' *Laudato Si'*. Sessions will be held each Sunday until Palm Sunday 24 March with short readings or stories weekly. The cost of the retreat is \$200, but do not hesitate to email if you are unable to manage the full cost.

Register online today at

[jamberooabbey.org.au/retreats/online-retreats](http://jamberooabbey.org.au/retreats/online-retreats).

For enquiries and registration,

contact [online retreat@jamberooabbey.org.au](mailto:online retreat@jamberooabbey.org.au).

**ASH WEDNESDAY - 14 APRIL**

We will have Mass at Sacred Heart Church, Warragamba at 9am and Holy Family Church, Luddenham at 7pm.

	3/4 FEBRUARY			10/11 FEBRUARY		
	<i>Vigil</i>	<i>7.30 am</i>	<i>9.30 am</i>	<i>Vigil</i>	<i>7.30 am</i>	<i>9.30 am</i>
<b>Minister of the Altar</b>	<i>Volunteer needed</i>	Grace Buda	Fiona Clarke	Carmel Fenton	Paul Rohan	Colleen Nicholas
<b>Ministers of the Word</b>	Youth	Benedetta Terry	Carmel Fenton Trish Kelly	Liz Murko Br Joe Vassallo	Marta Jennings Christian Pervan	Stephanie Rose
<b>Data Projector</b>	Youth	Lily Attard	Colleen Nicholas	Deb Walters	Lily Attard	Theresa Lia
<b>Housekeepers</b>	5-9 February: Esther, Rose & Moira			12-16 February: Karen Buda & John Cutajar		
<b>Flowers</b>	5-9 February: Sylvia			12-16 February: Donna		

## **Sacred Heart Parish Luddenham/ Warragamba**

### **SACRAMENTAL PROCESS – FIRST RECONCILIATION**

Information Sessions for the **Sacrament of Penance (First Reconciliation)** will be held at  
**Holy Family Church, Luddenham on:**

**Thursday 15 February at 9.30am and 7.00pm**

***You only need to attend ONE meeting***

Please note that this meeting is for parents only.

To be eligible for First Reconciliation, your child must be in Year 3 or above and be baptised.

### **Free English and Citizenship Classes**

Catholic Care Western Sydney and the Blue Mountains are offering English and Citizenship classes at Mamre House, 181 Mamre Rd, Orchard Hills, on a Tuesday and Wednesday from 10am to 2pm during school terms. Free childcare is available.

If you are interested in enrolling, please contact Mamre Crèche on (02) 8843 2506 or Nepean Community College (02) 4724 9000.

### **Glenbrook Parish**

#### **Aspects of the Eucharist Talks 21 and 28 February**

St Finbar's Parish, Glenbrook, is hosting a series of talks exploring the fundamental aspects of the Eucharist with Chris Ohlsen on Wednesday 21 and 28 February at 7.30pm at the parish.

Entry is via gold coin donation.

To RSVP, please email

[glenbrook@parracatholic.org](mailto:glenbrook@parracatholic.org)

### **Celebrating Holy Week: Formation for Ministers of the Altar: 9 March**

The Office for Worship presents 'Celebrating Holy Week' – a workshop for current Acolytes and Ministers at the Altar presented by Chris Ohlsen. It will be held on Saturday 9 March from 9:30am to 3pm at the Bishop Bede Heather Centre, Blacktown.

To register or for more information, please contact [lucy.woodbury@parracatholic.org](mailto:lucy.woodbury@parracatholic.org) or call (02) 8838 3456 by 5 March 2024.

### **Gospel Reflection**

Today we continue to read from Mark's Gospel, learning more about the ministry of Jesus. Jesus cured Simon's mother-in-law, and she immediately began to serve Jesus and his disciples. Jesus also cured many others who were brought to him, healing their illnesses and driving out demons. As we will see throughout Mark's Gospel, Jesus did not permit the demons to speak because they knew his identity and would have revealed it to those who were present.

On the morning after this busy day, Jesus retreated in prayer, but was pursued by Simon and others who brought news that many people were looking for him. At this point in Mark's Gospel, we begin to see a distinct role for the inner circle of Jesus' disciples—they act as intermediaries between Jesus and the people. Jesus reports to his disciples that they need to leave Capernaum to preach in other places.

Today's Gospel completes a picture of Jesus' ministry: preaching, curing the sick, driving out demons, and then moving on to continue this work in another place. Mark's Gospel tells us that Jesus did this throughout Galilee. Jesus' compassion and healing of the sick is a sign of the Kingdom of God. The Church continues to extend Christ's healing presence to others in its ministry to the sick. In the Sacrament of the Anointing of the Sick, the Church prays for spiritual and physical healing, forgiveness of sins, and comfort for those who are suffering from illness.

In today's Gospel we also notice the importance of prayer in Jesus' daily life. Jesus rose early in the morning, removed himself from the crowds, and went to a deserted place to pray. When the disciples found him, he told them that it was time to move on. We believe that in his prayers Jesus found guidance and direction from God. We also bring our decision-making to God in prayer, asking for his guidance and direction in our lives.

*From [loyolapress.com](http://loyolapress.com)*



## First Reading

### Job 7:1-4. 6-7

Job began to speak:

Is not man's life on earth nothing more  
than pressed service, his time no better  
than hired drudgery?

Like the slave, sighing for the shade,  
or the workman with no thought but his  
wages, months of delusion I have assigned  
to me, nothing for my own but nights of  
grief.

Lying in bed I wonder, 'When will it be  
day?' Risen I think, 'How slowly evening  
comes!' Restlessly I fret till twilight falls.  
Swifter than a weaver's shuttle my days  
have passed, and vanished, leaving no  
hope behind.

Remember that my life is but a breath,  
and that my eyes will never again see joy.

The word of the Lord.

**Thanks be to God.**

## Responsorial Psalm

**R.** *Praise the Lord who heals  
the broken-hearted*

Praise the Lord for he is good;  
sing to our God for he is loving:  
to him our praise is due. **R.**

The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.  
He fixes the number of the stars;  
he calls each one by its name. **R.**

Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly;  
he humbles the wicked to the dust. **R.**

## Second Reading

### Corinthians 9:16-19. 22-23

I do not boast of preaching the gospel,  
since it is a duty which has been laid on  
me; I should be punished if I did not  
preach it! If I had chosen this work myself,  
I might have been paid for it, but as I have  
not, it is a responsibility which has been  
put into my hands. Do you know what my  
reward is? It is this: in my preaching, to be  
able to offer the Good News free, and not  
insist on the rights which the gospel gives  
me.

So though I am not a slave of any man I  
have made myself the slave of everyone so  
as to win as many as I could. For the weak  
I made myself weak: I made myself all  
things to all men in order to save some at  
any cost; and I still do this, for the sake of  
the gospel, to have a share in its blessings.

The word of the Lord.

**Thanks be to God.**

## Gospel Acclamation

Alleluia, alleluia!  
He bore our sickness,  
and endured our suffering  
Alleluia!

## Gospel

**Mark 1:29-39**

On leaving the synagogue, Jesus went with  
James and John straight to the house of  
Simon and Andrew. Now Simon's  
mother-in-law had gone to bed with fever,  
and they told him about her straightaway.  
He went to her, took her by the hand and  
helped her up. And the fever left her and  
she began to wait on them.

That evening, after sunset, they  
brought to him all who were sick and those  
who were possessed by devils. The whole  
town came crowding round the door, and  
he cured many who were suffering from  
diseases of one kind or another; he also  
cast out many devils, but he would not  
allow them to speak, because they knew  
who he was.

In the morning, long before dawn, he  
got up and left the house, and went off to a  
lonely place and prayed there. Simon and  
his companions set out in search of him,  
and when they found him they said,  
'Everybody is looking for you.' He  
answered, 'Let us go elsewhere, to the  
neighbouring country towns, so that I can  
preach there too, because that is why I  
came.' And he went all through Galilee,  
preaching in their synagogues and casting  
out devils.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### **We Remember At This Time...**

*We pray for peace in our world; we especially pray for  
peace in the Middle East. As we pray, we remember  
those who have lost their lives and those who live in fear  
for their lives. May compassion and understanding  
triumph over hatred and violence. Lord, in your mercy,  
hear our prayer.*  
From sacredspace.com